

## 2023 IPPS Psychiatry Post Graduate Spring Symposium

Friday, April 28 ~ Des Moines Marriott Downtown  
Accredited for 4.5 AMA PRA Category 1 Credit™

**REGISTER @ [tinyurl.com/5cj3djae](https://tinyurl.com/5cj3djae)**

Psychiatrists increasingly find themselves needing to understand the political environment in which we serve our patients. Furthermore, the intersection between women's reproductive health and psychiatric conditions can be an ever-changing and confusing aspect of our work in the mental health field. Join us for the 2023 IPPS Spring Symposium as we look at the intersections of these areas. Event participants will learn about state initiatives related to reproductive health and the sequelae of the *Dobbs* Supreme Court decision that occurred in recent months. Presenters will discuss the current lay of the land in as it relates to pregnancy and substance abuse, as well as offer an understanding of the most up-to-date considerations regarding pregnancy and psychopharmacology. The program will conclude with an opportunity to learn about the evolving field of inflammation and how this affects psychiatric illness from a psychiatrically-trained rheumatologist.

### AGENDA

**8:30 – 9:00 am**

Event Registration & Meet and Greet with Exhibitors

**9:00 - 9:15 am**

[Reproductive Psychiatry in 2023: Introduction and an Update on State Initiatives](#)

*Rebecca Lundquist, MD, DFAPA*

Program Director, Broadlawns-UnityPoint Psychiatry Residency

**9:15 - 10:00 am**

[Contraception and Family Planning: A Psychiatrist's Role](#)

*Jen Donovan, MD*

Board Certified in Family Medicine, Addiction Medicine, and Psychiatry

Associate Medical Director; family physician, psychiatrist, addiction medicine physician, Abbe Center for Community Mental Health

**10:00 – 10:30 am**

Coffee break with exhibitors

**10:30 - 11:15 am**

[Reproductive Psychiatry in 2023: Your Patient is Pregnant or Wants to Be--Now What?](#)

*Robin Kopelman, MD, MPH*

Perinatal Psychiatrist/Women's Mental Health Specialist, Meadowlark Psychiatric Services

Adjunct Associate Professor of Psychiatry, University of Iowa College of Medicine

**11:15 am – 12:00 pm**

[Reproductive Psychiatry in 2023: Substance Use Disorders \(SUD\) and Pregnancy](#)

*Alison Lynch, MD, MS*

Clinical Professor of Psychiatry and Family Medicine and Director of UI Addiction and Recovery Collaborative, University of Iowa Carver College of Medicine

**12:00 – 1:00 pm**

Lunch and conversation with exhibitors



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**1:00 – 2:00 pm**

[Reproductive Psychiatry in 2023](#)

Panel discussion

**2:00 - 2:15 pm**

Coffee break with exhibitors

**2:15 - 3:15 pm**

[Mental Health Disorders and Inflammation](#)

*Hanna Zembrzuska, MD, MME*

Clinical Assistant Professor, Rheumatologist, University of Iowa Hospitals and Clinics

**3:15 pm**

[Adjourn](#)

### LOCATION

Upscale, affordable, and ideally located. Set in the city's lively business district, Des Moines Marriott Downtown meets the needs of their guests with ease and is located just five miles from the DSM airport. Walk to nearby shopping, dining, and nightlife via their convenient downtown skywalk. Step into stylish rooms and suites for a relaxing stay, featuring signature bedding and expansive city views. The hotel has a block of rooms for this event with a special group rate of \$149 for a single king or double queen bed room. Interested persons may book online [here](#). *Room block closes 4/12/23.*



### COVID PRECAUTIONS

With the continued spread of COVID, we will monitor conditions and offer guidance the week prior to the event.

**Accreditation Information:** This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Psychiatric Association (APA) and Iowa Psychiatric Physicians Society. The APA is accredited by the ACCME to provide continuing medical education for physicians. **Designation Statement:** The American Psychiatric Association (APA) designates this live activity for a maximum of 4.5 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity. **Disclosure Statement:** It is the policy of the APA to comply with the ACCME Standards for commercial support of CME. Planning committee members and related staff disclosures must be on file annually with disclosures made available on program materials. Faculty participating in sponsored or jointly sponsored programs by APA are required to disclose to the program audience any real or apparent financial relationship with commercial interests related to the content of their presentation. Faculty are also responsible for disclosing any discussion of off-label or investigational use of a product.

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### REGISTRATION FORM

\*Online: Visit: [tinyurl.com/5cj3djae](https://tinyurl.com/5cj3djae) credit card payment only

\*Mail: Complete form, make check payable to IPS and mail to: P.O. Box 30618  
Indianapolis, IN 46230

\*\*Confirmation of your registration will be emailed within 24 hours of receipt. If you do not receive confirmation within 7 days, contact Sara [director@iowapsychsociety.org](mailto:director@iowapsychsociety.org)

\*All information required for registration. Information will be kept confidential. Please print.

Full name and degree (MD, DO, RN, etc.) \_\_\_\_\_

Email address \_\_\_\_\_

Mailing address \_\_\_\_\_

Mailing city/state/zip \_\_\_\_\_ Daytime phone \_\_\_\_\_

| <b>Categories</b><br><i>Circle appropriate rate: fee includes CME/CE, online syllabus, continental breakfast, lunch, and breaks.</i> | Form & payment received by 3/31 | Form and payment received 4/1-4/14 |
|--|---------------------------------|------------------------------------|
| IPPS and other APA Members   | \$84.00                         | \$104.00                           |
| IPPS and other APA Resident Fellow and Medical Student Members   | \$24.00                         | \$29.00                            |
| Physicians (Not IPS/APA members)   | \$124.00                        | \$144.00                           |
| Non-physician (i.e.: PhD, LCSW, RN, etc.)  | \$114.00                        | \$134.00                           |
| Resident fellows & medical students that are not APA members   | \$29.00                         | \$34.00                            |

| <b>Additional Options:</b>         |         |
|------------------------------------|---------|
| Printed Syllabus with Power Points | \$12.00 |
| Resident Scholarship Contribution  | \$ .    |

### CREDIT CARD PAYMENT INFORMATION

Amount to be charged: \_\_\_\_\_ Credit card number: \_\_\_\_\_

Credit card expiration date: \_\_\_\_\_ Credit card security code: \_\_\_\_\_

A 50% refund will be made if notification made in writing is received by 4/14/23. No refunds after 4/14/23